

WEEK BEGINNING-



PRIMARY LUNCH MENU

WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Chicken chunks served with diced potatoes baked beans or peas Gluten	Pasta bolognaise bake served with, garlic bread sweetcorn and salad bar Gluten, milk	Roast beef and Yorkshire pudding with roasted potatoes & vegetables of the day Gluten, milk, eggs	Chicken pie served with mash sweetcorn and gravy Gluten, milk	Harry Ramsden salmon battered fish Served with chips, beans or peas Gluten ,Milk Fish
VEGETARIAN	Veggie sausage with mashed potato beans or peas Gluten, soya, sulphates	Cheese and onion pastry roll, served with mini potato bites Beans or sweetcorn Gluten, milk	Vegetable stew and dumplings served with roasted potatoes and vegetables of the day Gluten,	Tomato and garlic pasta with garlic bread sweetcorn and salad Gluten, milk	Breaded southern fried veggie burger in a wholemeal bun, served with Chips ,beans or peas Gluten, milk, egg
PACKED LUNCH	Ham, Cheese or tuna scotch roll served with diced potato fruit and dessert Gluten, milk, fish, egg, soya	Ham, Cheese , or tuna scotch roll served with baked crisps, popcorn, fruit and dessert Gluten, milk, fish, egg, soya	Ham, Cheese , or tuna scotch roll served with roast potato ,fruit and dessert Gluten, milk, fish, egg, soya	Ham, Cheese , or tuna scotch roll served with baked crisps, popcorn, fruit and dessert Gluten, milk, fish, egg, soya	Ham, Cheese , or tuna scotch roll served with chips ,fruit and dessert Gluten, milk, fish, egg, soya
JACKET POTATOES	Ham	Cheese Milk	Beans	Tuna Fish, Egg	Ham
THE FINALE	Strawberry Sponge Gluten,Egg,	Chocolate and orange sponge Gluten, egg	Oatmeal and lemon cookie Gluten	Sticky Ginger Sponge Gluten, egg	Blueberry and lemon cake Gluten, egg

WE CAN OFFER DIETARY ALTERNATIVES, PLEASE ASK FOR DETAILS
 FRESH BREAD, FRESH FRUIT, YOGHURT AND SALAD AVAILABLE EVERYDAY

WEEK BEGINNING-

PRIMARY LUNCH MENU

WEEK TWO



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Pork sausage roll served with new potatoes beans or peas Gluten, Milk	Ham and cheese omelette, served with potato wedges beans or sweetcorn Gluten, Milk, Egg	Roast chicken served with roasted potatoes, pigs in blankets and vegetables of the day and gravy Sulphites	Sweet and sour chicken Hong Kong Style, served with mixed rice sweetcorn and prawn crackers Gluten, Crustaceans	Battered baked fish fillet ,served with chips beans or peas Gluten, Fish
VEGETARIAN					
PACKED LUNCH	Southern fried Quorn escalope topped with BBQ sauce, cheese served with new potatoes, beans, egg Gluten, Milk, Egg	Veggie lentil curry Served with mixed rice, sweetcorn , mini poppadom's and mango chutney Gluten, Milk, Egg	Cheese and caramelised onion pastry puff served with roasted potatoes and vegetables of the day Gluten, Milk	B-B-Q margarita pizza, served with diced potato and sweetcorn Gluten, Milk	Veggie Hot dog Served in a soft bun accompanied with chips, beans, milk, egg, Sesame Gluten, Milk, Egg, Sesame
JACKET POTATOES	Ham, Cheese or tuna scotch roll with diced potato fruit & dessert Gluten, milk, fish, egg, soya	Ham, Cheese, or tuna scotch roll with baked crisps, popcorn, fruit & dessert Gluten, milk, fish, egg, soya	Ham, Cheese , or tuna scotch roll served with roast potato, fruit and dessert Gluten, milk, fish, egg, soya	Ham, Cheese , or tuna scotch roll served with baked crisps, popcorn, fruit and dessert Gluten, milk, fish, egg, soya	Ham, Cheese , or tuna scotch roll served with crisps, popcorn, fruit and dessert Gluten, milk, fish, egg, soya
THE FINALE	Pineapple cakes Gluten, Egg	Oreo cake Gluten, soya, Milk	Toffee Apple Sponge Gluten, Egg	Fruity flapjack Gluten, Milk	Oatmeal cookie Gluten,

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WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Sausage mash beans ,peas or Gravy Gluten, milk	Bacon mac and cheese served with Garlic Bread, salad and sweetcorn Gluten.Milk	Roast pork, served with roasted potato, stuffing ball and vegetable of the day Gluten	Mild creamy chicken Korma served with rice and naan bread and mango chutney Gluten	Fish finger served with chips beans or peas Gluten, fish
VEGETARIAN	Cheese Omelettes baked wedges peas or beans Gluten, Egg, milk	Quorn mince and onion suet pie served with mashed potatoes and vegetables of the day Gluten, Egg, milk, Soya	Sausage and bean casserole served with Roasted potato and vegetables of the day Gluten, sulphates, Soya	Cheese and tomato pizza served with chips beans or peas Gluten, milk	Quorn Dipper served with chips beans or beans Gluten, Egg, milk
PACKED LUNCH	Ham, Cheese , or tuna scotch roll served with diced fruit Gluten, milk, fish, egg, soya	Ham, Cheese , or tuna scotch roll with baked crust Gluten, milk, fish, egg, soya	Ham, Cheese , or tuna scotch roll served with roasted potato and dessert fruit Gluten, milk, fish, egg, soya	Ham, Cheese , or tuna scotch roll served with ,fruit and dessert Gluten, milk, fish, egg, soya	Ham, Cheese , or tuna scotch roll served with fruit and dessert Gluten, milk, fish, egg, soya
JACKET POTATOES	Ham	Cheese Milk	Tuna Fish,Egg	Beans	Ham
THE FINALE	Sticky Toffee pudding Gluten, Egg	Lemon Drizzle cake Gluten, Egg	Raspberry cookie Gluten, Egg	Queens Cake Gluten,Milk	Carrot cake Yogurt , fresh fruit salad or mousse Gluten, Egg

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