

Primary September 2nd and 3rd

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Main</u>				Not too spicy chicken tikka masala served with rice, mini naan, poppadums and crunchy Asian salad pot Contains – MU, CO, G, W, M	Breaded fish fingers with garden peas and chips Contains – G, W, F
<u>Vegetarian</u>				Not too spicy Quorn tikka masala served with rice, mini naan, poppadums and crunchy Asian salad pot Contains – MU, CO, G, W, M	Fishless fingers with garden peas and chips Contains – G, W
<u>Picnic lunch</u>				Toasted panini With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M *** Baked crisps *** Carrot fingers with hummus dip Contains SS *** Fresh fruit salad *** Banoffee pie Contains – G, W, M	Baker's roll With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M or Fish fingers Contains – G, W, M, F or fishless fingers Contains – G, W, M *** Cup of chips *** Tomato and cucumber salad *** Grapes *** Raspberry sponge Contains – G, W, E, M
<u>Salad plate</u> Mixed leaves, grated carrot, cherry tomatoes, cucumber and sliced peppers. Served with a petit pain Petit pain contains – G, W				Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham
<u>Fruit</u>				Fresh fruit salad	Grapes
<u>Dessert</u>				Banoffee pie Contains – G, W, E, M	Raspberry sponge Contains – G, W, E, M

Allergen Information

G = gluten, W = wheat, B = barley, E = egg, M = milk, C = celery, F = Fish, N = nuts, S = Soya, MU = mustard, SS = sesame seeds, SD = sulphur dioxide, L = lupin, Mo = molluscs, CR = crustaceans, CO = coconut

Free From; Gluten, Wheat, Milk & Egg meals are available upon request. Please speak to the catering team

Primary Week beginning September 6th 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Main</u>	Chicken and bacon pasta bake with green beans and garlic bread Contains – G, W, M	Pork meatballs in tomato sauce with savoury rice and sweetcorn Contains – G, W, SD	Roast beef with Yorkshire pudding, gravy, roast potatoes, carrots and cauliflower Contains – G, W, M, E	Sweet and sour chicken with fresh pineapple, peppers and fluffy rice Contains – S, SS	Ham and pepperoni pizza with coleslaw and chips Contains – G, W, M, E, C
<u>Vegetarian</u>	Cherry tomato and broccoli pasta bake with green beans and garlic bread Contains – G, W, M	Veggie balls in tomato sauce with savoury rice and sweetcorn Contains – G, W, B, S, SD	Chick pea loaf with Yorkshire pudding, roast potatoes, carrots and cauliflower Contains – G, W, M, E	Sweet and sour Quorn with fresh pineapple, peppers and fluffy rice Contains – S, SS, E	Cheese and tomato pizza with coleslaw and chips Contains – G, W, M, E, C
<u>Picnic lunch</u>	Toasted panini With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M *** Baked crisps *** Carrot fingers with hummus dip Contains - SS *** Grapes *** Chocolate brownie Contains – G, W, E, M	Sub roll With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M or Mini meatballs Contains – G, W, M, SD *** Baked crisps *** Cherry tomatoes *** Pineapple *** Strawberry sponge Contains – G, W, E, M	Soft bap With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M or Hot roast beef Contains – G, W, M *** Mini cheddars Contains – G, W, B, M *** Carrot and courgette ribbons *** Melon *** Pineapple upside down cake Contains – G, W, E, M	50/50 sandwich With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M Or Chicken mayo Contains – G, W, M, E *** Baked crisps *** Cucumber fingers *** Fresh fruit salad *** Toffee apple cake Contains – G, W, E, M	Baker's roll With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M or Tuna Mayo Contains – G, W, M, F, E *** Cup of chips *** Cheese and crackers Contains – G, W, M *** Apple & pear *** Carrot cake Contains – G, W, E, M
<u>Salad plate</u>	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham
<u>Fruit</u>	Grapes	Pineapple	Melon	Fresh fruit salad	Apple and pear
<u>Dessert</u>	Chocolate brownie Contains – G, W, M, E	Strawberry sponge with custard Contains – G, W, M, E	Pineapple upside down cake Contains – G, W, M, E	Toffee apple cake Contains – G, W, M, E	Carrot cake Contains – G, W, M, E

Allergen Information

G = gluten, W = wheat, B = barley, E = egg, M = milk, C = celery, F = Fish, N = nuts, S = Soya, MU = mustard, SS = sesame seeds, SD = sulphur dioxide, L = lupin, Mo = molluscs, CR = crustaceans, CO = coconut

Free From; Gluten, Wheat, Milk & Egg meals are available upon request. Please speak to the catering team

Primary Week beginning 13th September 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Main</u>	Not so spicy Jerk chicken with peas, sweetcorn and potato wedges	Pork sausage in a Yorkshire pudding with mashed potatoes and carrots Contains - G, W, M, E	Roast turkey with gravy, cabbage, cauliflower and roast potatoes Contains - G, W	Chunky beef lasagne with salad and garlic bread Contains - G, W, M, C	Pulled BBQ chicken burger in a soft bun with mayo, salad and fries Contains - G, W, C, MU, S
<u>Vegetarian</u>	Not so spicy Jerk tofu with peas, sweetcorn and potato wedges	Veggie sausage in a Yorkshire pudding with mashed potatoes and carrots Contains - G, W, M, E	Butternut squash and lentil bake with roast potatoes, cabbage and cauliflower Contains - M, E	Butter bean lasagne with salad and garlic bread Contains - G, W, M, C	Pulled BBQ jackfruit burger in a soft bun with mayo, salad and fries Contains - G, W, C, MU, S
<u>Picnic lunch</u>	50/50 sandwich With Plain ham Contains - G, W, M or Plain cheese Contains - G, W, M or Chicken mayo Contains - G, W, M, E *** Cup of wedges *** Cucumber batons *** Pineapple *** Cherry cheesecake Contains, G, W, M	Sub roll With Plain ham Contains - G, W, M or Plain cheese Contains - G, W, M or Hot sausage Contains - G, W, M *** Popcorn *** Cherry tomatoes *** Pear slices *** Treacle sponge Contains, G, W, M, E	Soft bap With Plain ham Contains - G, W, M or Plain cheese Contains - G, W, M or Hot roast turkey Contains - G, W, M *** Baked crisps *** Grated carrot and lettuce *** Water melon *** Apple crumble Contains, G, W, M	Toasted panini With plain cheese Contains - G, W, M or plain ham Contains - G, W, M *** Mini cheddars Contains - G, W, B, M *** Carrot fingers with tomato dip *** Fresh fruit salad *** Chocolate and orange sponge Contains, G, W, M, E	Tortilla Wrap With Plain ham Contains - G, W, M or Plain cheese Contains - G, W, M or Tuna mayo Contains - G, W, M, F *** Cup of fries *** Celery sticks *** Grapes *** Rocky road Contains, G, W, M
<u>Salad plate</u>	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains - F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains - F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains - F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains - F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains - F, E Sliced Ham
<u>Fruit</u>	Pineapple	Pear slices	Water melon	Fresh fruit salad	Grapes
<u>Dessert</u>	Cherry cheesecake Contains - G, W, M, E	Treacle sponge Contains - G, W, M, E	Apple crumble Contains - G, W, M, E	Chocolate and orange sponge Contains - G, W, M, E	Rocky road Contains - G, W, M, E

Allergen Information

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Primary week beginning 20th September 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Main</u>	Pork Sausage and mash with gravy, sweetcorn and carrots Contains – G, W, M	Beef Bolognese with penne pasta, a toasted cheese slice and salad pot Contains – G, W, M	Roast pork with gravy, roast potatoes, cauliflower and green beans Contains – G, W	Not too spicy chicken tikka masala served with rice, mini naan, poppadums and crunchy Asian salad pot Contains – MU, CO, G, W, M	Breaded fish fingers with garden peas and chips Contains – G, W, F
<u>Vegetarian</u>	Veggie Sausage and mash with vegetable gravy, sweetcorn and carrots Contains – G, W, M	Penne pasta in homemade tomato sauce with a toasted cheese slice and salad Contains – G, W, M	Cauliflower and broccoli cheese with roast potatoes and green beans Contains – G, W, M	Not too spicy Quorn tikka masala served with rice, mini naan, poppadums and crunchy Asian salad pot Contains – MU, CO, G, W, M	Fishless fingers with garden peas and chips Contains – G, W
<u>Picnic lunch</u>	Baker's roll With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M or Hot sausage Contains – G, W, M *** Popcorn *** Cucumber fingers with hummus dip. Contains SS *** Pineapple *** Lemon drizzle. Contains G, W, E, M	Tortilla Wrap With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M or Egg mayo Contains – G, W, M, E *** Baked crisps *** Shredded carrot & lettuce salad *** Melon *** Apple muffin Contains G, W, E, M	Soft bap With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M or Hot roast pork Contains – G, W, M *** Mini cheddars Contains – G, W, B, M *** Cherry tomatoes *** Pear *** Chocolate sponge Contains – G, W, E, M	Toasted panini With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M *** Baked crisps *** Carrot fingers with hummus dip Contains SS *** Fresh fruit salad *** Banoffee pie Contains – G, W, M	Baker's roll With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M or Fish fingers Contains – G, W, M, F or fishless fingers Contains – G, W, M *** Cup of chips *** Tomato and cucumber salad *** Grapes *** Raspberry sponge Contains – G, W, E, M
<u>Salad plate</u>	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham
<u>Fruit</u>	Pineapple	Melon	Pear	Fresh fruit salad	Grapes

<u>Dessert</u>	Lemon drizzle Contains – G, W, E, M	Apple muffin Contains – G, W, E, M	Chocolate sponge Contains – G, W, E, M	Banoffee pie Contains – G, W, E, M	Raspberry sponge Contains – G, W, E, M
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Allergen Information

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	bread Contains – G, W, M	Contains – G, W, SD	carrots and cauliflower Contains – G, W, M, E	fluffy rice Contains – S, SS	Contains – G, W, M, E, C
<u>Vegetarian</u>	Cherry tomato and broccoli pasta bake with green beans and garlic bread Contains – G, W, M	Veggie balls in tomato sauce with savoury rice and sweetcorn Contains – G, W, B, S, SD	Chick pea loaf with Yorkshire pudding, roast potatoes, carrots and cauliflower Contains – G, W, M, E	Sweet and sour Quorn with fresh pineapple, peppers and fluffy rice Contains – S, SS, E	Cheese and tomato pizza with coleslaw and chips Contains – G, W, M, E, C
<u>Picnic lunch</u>	Toasted panini With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M *** Baked crisps *** Carrot fingers with hummus dip Contains - SS *** Grapes *** Chocolate brownie Contains – G, W, E, M	Sub roll With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M or Mini meatballs Contains – G, W, M, SD *** Baked crisps *** Cherry tomatoes *** Pineapple *** Strawberry sponge Contains – G, W, E, M	Soft bap With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M or Hot roast beef Contains – G, W, M *** Mini cheddars Contains – G, W, B, M *** Carrot and courgette ribbons *** Melon *** Pineapple upside down cake Contains – G, W, E, M	50/50 sandwich With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M Or Chicken mayo Contains – G, W, M, E *** Baked crisps *** Cucumber fingers *** Fresh fruit salad *** Toffee apple cake Contains – G, W, E, M	Baker's roll With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M or Tuna Mayo Contains – G, W, M, F, E *** Cup of chips *** Cheese and crackers Contains – G, W, M *** Apple & pear *** Carrot cake Contains – G, W, E, M
<u>Salad plate</u>	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham
<u>Fruit</u>	Grapes	Pineapple	Melon	Fresh fruit salad	Apple and pear
<u>Dessert</u>	Chocolate brownie Contains – G, W, M, E	Strawberry sponge with custard Contains – G, W, M, E	Pineapple upside down cake Contains – G, W, M, E	Toffee apple cake Contains – G, W, M, E	Carrot cake Contains – G, W, M, E

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Free From; Gluten, Wheat, Milk & Egg meals are available upon request. Please speak to the catering team

<u>Main</u>	Not so spicy Jerk chicken with peas, sweetcorn and potato wedges	Pork sausage in a Yorkshire pudding with mashed potatoes and carrots Contains - G, W, M, E	Roast turkey with gravy, cabbage, cauliflower and roast potatoes Contains - G, W	Chunky beef lasagne with salad and garlic bread Contains - G, W, M, C	Pulled BBQ chicken burger in a soft bun with mayo, salad and fries Contains - G, W, C, MU, S
<u>Vegetarian</u>	Not so spicy Jerk tofu with peas, sweetcorn and potato wedges	Veggie sausage in a Yorkshire pudding with mashed potatoes and carrots Contains - G, W, M, E	Butternut squash and lentil bake with roast potatoes, cabbage and cauliflower Contains - M, E	Butter bean lasagne with salad and garlic bread Contains - G, W, M, C	Pulled BBQ jackfruit burger in a soft bun with mayo, salad and fries Contains - G, W, C, MU, S
<u>Picnic lunch</u>	50/50 sandwich With Plain ham Contains - G, W, M or Plain cheese Contains - G, W, M or Chicken mayo Contains - G, W, M, E *** Cup of wedges *** Cucumber batons *** Pineapple *** Cherry cheesecake Contains, G, W, M	Sub roll With Plain ham Contains - G, W, M or Plain cheese Contains - G, W, M or Hot sausage Contains - G, W, M *** Popcorn *** Cherry tomatoes *** Pear slices *** Treacle sponge Contains, G, W, M, E	Soft bap With Plain ham Contains - G, W, M or Plain cheese Contains - G, W, M or Hot roast turkey Contains - G, W, M *** Baked crisps *** Grated carrot and lettuce *** Water melon *** Apple crumble Contains, G, W, M	Toasted panini With plain cheese Contains - G, W, M or plain ham Contains - G, W, M *** Mini cheddars Contains - G, W, B, M *** Carrot fingers with tomato dip *** Fresh fruit salad *** Chocolate and orange sponge Contains, G, W, M, E	Tortilla Wrap With Plain ham Contains - G, W, M or Plain cheese Contains - G, W, M or Tuna mayo Contains - G, W, M, F *** Cup of fries *** Celery sticks *** Grapes *** Rocky road Contains, G, W, M
<u>Salad plate</u>	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains - F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains - F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains - F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains - F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains - F, E Sliced Ham
<u>Fruit</u>	Pineapple	Pear slices	Water melon	Fresh fruit salad	Grapes
<u>Dessert</u>	Cherry cheesecake Contains - G, W, M, E	Treacle sponge Contains - G, W, M, E	Apple crumble Contains - G, W, M, E	Chocolate and orange sponge Contains - G, W, M, E	Rocky road Contains - G, W, M, E

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G = gluten, W = wheat, B = barley, E = egg, M = milk, C = celery, F = Fish, N = nuts, S = Soya, MU = mustard, SS = sesame seeds, SD = sulphur dioxide, L = lupin, Mo = molluscs, CR = crustaceans, CO = coconut

Free From; Gluten, Wheat, Milk & Egg meals are available upon request. Please speak to the catering team

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Main</u>	Pork Sausage and mash with gravy, sweetcorn and carrots Contains – G, W, M	Beef Bolognese with penne pasta, a toasted cheese slice and salad pot Contains – G, W, M	Roast pork with gravy, roast potatoes, cauliflower and green beans Contains – G, W	Not too spicy chicken tikka masala served with rice, mini naan, poppadums and crunchy Asian salad pot Contains – MU, CO, G, W, M	Breaded fish fingers with garden peas and chips Contains – G, W, F
<u>Vegetarian</u>	Veggie Sausage and mash with vegetable gravy, sweetcorn and carrots Contains – G, W, M	Penne pasta in homemade tomato sauce with a toasted cheese slice and salad Contains – G, W, M	Cauliflower and broccoli cheese with roast potatoes and green beans Contains – G, W, M	Not too spicy Quorn tikka masala served with rice, mini naan, poppadums and crunchy Asian salad pot Contains – MU, CO, G, W, M	Fishless fingers with garden peas and chips Contains – G, W
<u>Picnic lunch</u>	Baker's roll With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M or Hot sausage Contains – G, W, M *** Popcorn *** Cucumber fingers with hummus dip. Contains SS *** Pineapple *** Lemon drizzle. Contains G, W, E, M	Tortilla Wrap With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M or Egg mayo Contains – G, W, M, E *** Baked crisps *** Shredded carrot & lettuce salad *** Melon *** Apple muffin Contains G, W, E, M	Soft bap With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M or Hot roast pork Contains – G, W, M *** Mini cheddars Contains – G, W, B, M *** Cherry tomatoes *** Pear *** Chocolate sponge Contains – G, W, E, M	Toasted panini With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M *** Baked crisps *** Carrot fingers with hummus dip Contains SS *** Fresh fruit salad *** Banoffee pie Contains – G, W, M	Baker's roll With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M or Fish fingers Contains – G, W, M, F *** or fishless fingers Contains – G, W, M *** Cup of chips *** Tomato and cucumber salad *** Grapes *** Raspberry sponge Contains – G, W, E, M
<u>Salad plate</u>	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham

<u>Petit pain contains – G, W</u>					
<u>Fruit</u>	Pineapple	Melon	Pear	Fresh fruit salad	Grapes
<u>Dessert</u>	Lemon drizzle Contains – G, W, E, M	Apple muffin Contains – G, W, E, M	Chocolate sponge Contains – G, W, E, M	Banoffee pie Contains – G, W, E, M	Raspberry sponge Contains – G, W, E, M

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G = gluten, W = wheat, B = barley, E = egg, M = milk, C = celery, F = Fish, N = nuts, S = Soya, MU = mustard, SS = sesame seeds, SD = sulphur dioxide, L = lupin, Mo = molluscs, CR = crustaceans, CO = coconut

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	bread Contains – G, W, M	Contains – G, W, SD	carrots and cauliflower Contains – G, W, M, E	fluffy rice Contains – S, SS	Contains – G, W, M, E, C
<u>Vegetarian</u>	Cherry tomato and broccoli pasta bake with green beans and garlic bread Contains – G, W, M	Veggie balls in tomato sauce with savoury rice and sweetcorn Contains – G, W, B, S, SD	Chick pea loaf with Yorkshire pudding, roast potatoes, carrots and cauliflower Contains – G, W, M, E	Sweet and sour Quorn with fresh pineapple, peppers and fluffy rice Contains – S, SS, E	Cheese and tomato pizza with coleslaw and chips Contains – G, W, M, E, C
<u>Picnic lunch</u>	Toasted panini With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M *** Baked crisps *** Carrot fingers with hummus dip Contains - SS *** Grapes *** Chocolate brownie Contains – G, W, E, M	Sub roll With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M or Mini meatballs Contains – G, W, M, SD *** Baked crisps *** Cherry tomatoes *** Pineapple *** Strawberry sponge Contains – G, W, E, M	Soft bap With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M or Hot roast beef Contains – G, W, M *** Mini cheddars Contains – G, W, B, M *** Carrot and courgette ribbons *** Melon *** Pineapple upside down cake Contains – G, W, E, M	50/50 sandwich With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M Or Chicken mayo Contains – G, W, M, E *** Baked crisps *** Cucumber fingers *** Fresh fruit salad *** Toffee apple cake Contains – G, W, E, M	Baker's roll With Plain ham Contains – G, W, M or Plain cheese Contains – G, W, M or Tuna Mayo Contains – G, W, M, F, E *** Cup of chips *** Cheese and crackers Contains – G, W, M *** Apple & pear *** Carrot cake Contains – G, W, E, M
<u>Salad plate</u>	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham	Choose your topper: Cheese. Contains - M Hard-boiled egg Contains - E Tuna mayo Contains – F, E Sliced Ham
<u>Fruit</u>	Grapes	Pineapple	Melon	Fresh fruit salad	Apple and pear

<u>Dessert</u>	Chocolate brownie Contains – G, W, M, E	Strawberry sponge with custard Contains – G, W, M, E	Pineapple upside down cake Contains – G, W, M, E	Toffee apple cake Contains – G, W, M, E	Carrot cake Contains – G, W, M, E
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