

Weeks  
1 & 5

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Lunch MEAT</b>	Cheese and Ham pizza served with baked wedges and beans g,w,ml,d,	B-B-Q BEEF MEATBALLS SERVED WITH RICE AND VEGETABLES W,D,S,M,G	Pork sausage served with mash potato and baked beans (G, W, , SD, ML)	BOLAGNAISE PASTA BAKE SERVED WITH NGARLIC BREAD AND VEGETABLES W,D ,G	FISH FINGER AND CHIPS SERVED WITH BAKED BEANS F,G
<b>HOT LUNCH VEGETARIAN</b>	QUORN SAUSAGE AND MASH SERVED WITH BAKED BEANS W, SD ,D	Tomato and basil pasta served with garlic bread and salad (v) (G, W, , ML, CE D	CREAMY VEGETABLE AND LENTAL CURRY SERVED WITH RICE AND NAAN BREAD MU,CO	Chinese spring roll served with noodle and vegetable stir-fry (G, W, E, CE, S, SS)	Cheese and tomato pizza served with chips (v) (G, W, ML, D)
<b>Jacket Potato Bar</b> Served with salad	Jacket potato with Grated cheese (ML)	Jacket potato with Tuna mayo (F, E, MU)	Jacket potato with Ham	Jacket potato with Baked Beans	Jacket potato with Grated cheese (ML)
<b>Picnic Lunch</b>	Corby roll filled with Ham (G, W, ML) Tuna Mayo (G, W, F, E, MU, ML) Cheese (G, W, ML) 2 x Healthy Snack	Corby roll filled with Ham (G, W, ML) Tuna Mayo (G, W, F, E, MU, ML) Cheese (G, W, ML) 2 x Healthy Snack	Corby roll filled with Ham (G, W, ML) Tuna Mayo (G, W, F, E, MU, ML) Cheese (G, W, ML) 2 x Healthy Snack	Corby roll filled with Ham (G, W, ML) Tuna Mayo (G, W, F, E, MU, ML) Cheese (G, W, ML) 2 x Healthy Snack	Corby roll filled with Ham (G, W, ML) Tuna Mayo (G, W, F, E, MU, ML) Cheese (G, W, ML) 2 x Healthy Snack

Allergen Key

G = gluten, W = wheat, E = egg,, CE= celery, F = Fish, N = nuts, S = Soya beans, ML = Milk, MU= mustard, SS = sesame seeds, SD = sulphur dioxide, L = lupin, Mo = molluscs, CR = crustaceans, CO = coconut D=DAIRY

Weeks

2 & 6

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Lunch</b>	BBQ pork meatballs with rice and peas (G, W, E, S, CE)	GOLDEN CHICKEN NUGGETS W,G	Sausage and baked bean Slice served with mashed Potato and vegetables W,D,	BEEF CHILLI SERVED WITH RICE AND NACHOS AND VEGETABLES B,C,G,S,W,D,	FISH FINGER CHIPS AND BEANS F,G,
<b>HOT MEAL VEGETRIAN</b>	TEMPURA SWEET AND SOUR VEGETABLES SERVED WITH RICE (G)	Veggie sausage roll with baked wedges and baked beans (v) (G, W,)	MEXICAN VEGTABLE WRAPS SERVED WITH RICE AND SALAD G,C,S,B,D,	Macaroni cheese bake with garlic bread and salad (v) (G, W, ML, ,MU)	Cheese and tomato pizza served with chips (v) (G, W, ML, D)
<b>Jacket Potato Bar</b> Served with salad	Jacket potato with Grated cheese (ML)	Jacket potato with Tuna mayo (F, E, MU)	Jacket potato with Ham	Jacket potato with Baked Beans	Jacket potato with Grated cheese (ML)
<b>Picnic Lunch</b>	Corby roll filled with Ham (G, W, ML) Tuna Mayo (G, W, F, E, MU, ML) Cheese (G, W, ML) 2 x Healthy Snack	Corby roll filled with Ham (G, W, ML) Tuna Mayo (G, W, F, E, MU, ML) Cheese (G, W, ML) 2 x Healthy Snack	Corby roll filled with Ham (G, W, ML) Tuna Mayo (G, W, F, E, MU, ML) Cheese (G, W, ML) 2 x Healthy Snack	Corby roll filled with Ham (G, W, ML) Tuna Mayo (G, W, F, E, MU, ML) Cheese (G, W, ML) 2 x Healthy Snack	Corby roll filled with Ham (G, W, ML) Tuna Mayo (G, W, F, E, MU, ML) Cheese (G, W, ML) 2 x Healthy Snack

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Weeks

3 & 7

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Hot Lunch</b>	PORK SAUSAGE ROLL SERVED WITH BAKED WEDGES AND BAKED BEANS  G,W,G	chicken korma with rice and peas  (CO, MU)	SCOTTISH MINCE AND TATTIES SERVED WITH- Green beans (G, W, SD, ML ,	GARLIC AND HERB BREADED CHICKEN FILLET SERVED WITH DICED POTATO AND SWEETCORN  W,E, G	FISH FINGER CHIPS AND BEANS  F,W,G
<b>HOT LUNCH VEGETARIAN</b>	QUORN SHEPPARDS PIE MINCED QUORN AND VEGETABLES IN A RICH GRAVY TOPPED WITH SWEET POTATO MASH  B,E,D,MU	Tomato and basil pasta served with garlic bread and salad (v)  (G, W, S, ML, CE)	CHEESE OMELLET SERVED WITH NEW POTATOS AND VEGETABLES  E,D,M	Southern style quorn goujons with diced potatoes and sweetcorn (v)  (G, W, E, CE, S, SS)	Cheese and tomato pizza served with chips (v)  (G, W, ML, D)
<b>Jacket Potato Bar</b>  Served with salad	Jacket potato with Grated cheese (ML)	Jacket potato with Tuna mayo (F, E, MU)	Jacket potato with Ham	Jacket potato with Baked Beans	Jacket potato with Grated cheese (ML)
<b>Picnic Lunch</b>	Corby roll filled with Ham (G, W, ML) Tuna Mayo (G, W, F, E, MU, ML) Cheese (G, W, ML) 2 x Healthy Snack	Corby roll filled with Ham (G, W, ML) Tuna Mayo (G, W, F, E, MU, ML) Cheese (G, W, ML) 2 x Healthy Snack	Corby roll filled with Ham (G, W, ML) Tuna Mayo (G, W, F, E, MU, ML) Cheese (G, W, ML) 2 x Healthy Snack	Corby roll filled with Ham (G, W, ML) Tuna Mayo (G, W, F, E, MU, ML) Cheese (G, W, ML) 2 x Healthy Snack	Corby roll filled with Ham (G, W, ML) Tuna Mayo (G, W, F, E, MU, ML) Cheese (G, W, ML) 2 x Healthy Snack

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Weeks

4 & 8

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Lunch</b>	<b>SWEET AND SOUR chicken with rice and peas</b>	<b>BEEF LASAGNE SERVED WITH GARLIC BREAD AND VEGETABLES</b> W,D,MU,ML,G	<b>CHICKEN meatballs in gravy with mashed potato and broccoli</b> (ML,D)	<b>BEEF BURGER IN A SOFT BAP SERVED WITH BAKED WEDGES AND PEAS</b> W,G,	<b>FISH FINGER SERVRD WITH CHIPS AND BEANS</b> F,W
<b>HOT LUNCH VEGETIRIAN</b>	<b>QUORN BOLAGNAISE WITH SPAGHETTI AND GARLIC BREAD SERVED WITH VEGETABLES</b> B,E,W,MU	<b>Cheese and onion pasty with baked wedges and sweetcorn (v)</b> (G, W, ML,D)	<b>VEGGIE TOAD IN THE HOLE QUORN SAUSAGE AND YORKSHIRE PUDDING WITH CREAMY MASH AND GRAVY</b> G,S,W,E,M,D	<b>Macaroni cheese bake with garlic bread and salad</b> (G, W, ML, S, MU)	<b>Cheese and tomato pizza served with chips (v)</b> (G, W, ML, D)
<b>Jacket Potato Bar</b> Served with salad	<b>Jacket potato with Grated cheese (ML)</b>	<b>Jacket potato with Tuna mayo (F, E, MU)</b>	<b>Jacket potato with Ham</b>	<b>Jacket potato with Baked Beans</b>	<b>Jacket potato with Grated cheese (ML)</b>
<b>Picnic Lunch</b>	<b>Corby roll filled with Ham (G, W, ML)</b> <b>Tuna Mayo (G, W, F, E, MU, ML)</b> <b>Cheese (G, W, ML)</b> <b>2 x Healthy Snack</b>	<b>Corby roll filled with Ham (G, W, ML)</b> <b>Tuna Mayo (G, W, F, E, MU, ML)</b> <b>Cheese (G, W, ML)</b> <b>2 x Healthy Snack</b>	<b>Corby roll filled with Ham (G, W, ML)</b> <b>Tuna Mayo (G, W, F, E, MU, ML)</b> <b>Cheese (G, W, ML)</b> <b>2 x Healthy Snack</b>	<b>Corby roll filled with Ham (G, W, ML)</b> <b>Tuna Mayo (G, W, F, E, MU, ML)</b> <b>Cheese (G, W, ML)</b> <b>2 x Healthy Snack</b>	<b>Corby roll filled with Ham (G, W, ML)</b> <b>Tuna Mayo (G, W, F, E, MU, ML)</b> <b>Cheese (G, W, ML)</b> <b>2 x Healthy Snack</b>

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