



Friday 6<sup>th</sup> November 2020

Dear Parents/Carers,

**Friday 13<sup>th</sup> November** is a busy and exciting day at Oakley Vale Primary School! We are going to be supporting Children in Need and raising awareness for World Diabetes Day.

We will be supporting **Children in Need** by taking part in the Five to Thrive challenge. Each day the children will spend 5 minutes learning how to boost their physical and mental well-being. On Friday 13<sup>th</sup> November all children will be taking part in the Joe Wicks PE challenge. We please ask that you send your child to school with a donation for taking part which will be given to BBC Children in Need to transform the lives of children across the UK.

As part of **World Diabetes Day** we aim to raise awareness by wearing blue on Friday 13<sup>th</sup> November! Each year famous buildings are lit up in blue to mark the day and we aim to light up our school by inviting the children to wear blue. We will also be learning about what diabetes is and discussing how we can support our peers who have diabetes.

Thank you for your continued support,

Miss Conlon



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