

PSHE

DREAMS AND GOALS

It is a new year and a new start

Think of two **goals** for yourself - one needs to be a school-based goal, e.g. to speak confidently in assembly, to become better at spelling, to become a class ambassador, to get picked for the athletics team, etc. The other goal can be an aspiration for outside school, e.g. to gain my yellow belt in Karate, to play for the local football team, to gain a piano/music certificate, to have a pet dog.

In the next lesson you will be thinking about the steps you might take to reach their goal.

In your Journal, record what your two goals are and to write a few sentences about why it is important to have goals that are beyond what you might be able to do currently.

