



Foundation Home Learning W/C 22/2/21

Maths

Provide some weighing or balancing scales and encourage the children to weigh a selection of vegetables and order them from lightest to heaviest.

Play a vegetable soup counting game. Place a number of different vegetables into Gran's pot to make vegetable soup. How many vegetables did she use altogether?

Sharing— using food/objects you have at home introduce children to the concept of sharing. Starting with an amount and sharing them equally. Eg. start with 8 potatoes and 2 plates, can you place one on each plate at a time, how many does each person get? What if we have 4 plates? How many does each person get now?

Expressive Arts and Design

Vegetable printing!



Observational drawings of fruit and veg.

Using fruit and veg make arrangements of the vegetables to create patterns or faces. Giuseppe Arcimboldo could be used as a stimulus

Use a selection of dried foods lentils/peas etc to make shakers and noisemakers.

Useful websites

Oxford Owl free ebooks

<https://home.oxfordowl.co.uk/books/free-ebooks/>

Phonics speed sounds, word time and spelling on Ruth Miskin's youtube channel.

https://www.youtube.com/channel/UCo7fbLgY2oA_cFCIg9GdxtQ

Storytime with Nick : a range of different stories to be heard.

https://www.youtube.com/watch?v=p_zPt8mSwtU&list=PLDe74j1F52zSd85pobSCXJmhnHbJ4pggB&index=1

BBC iplayer – Numberblocks episodes and cbeebies songs

<https://www.bbc.co.uk/cbeebies/watch/playlist-numberblocks-songs>

Phonics Play games and activities– www.phonicsplay.co.uk

Interactive games– www.ictgames.com www.topmarks.co.uk

Understanding the World

Discuss with your child what plants need to grow. Could you have a go at planting some seeds?

Science experiment– Regrowing vegetables (hopefully you can find a sunny spot indoors.)

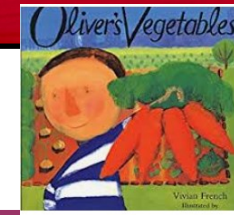
Healthy eating unit on oak national academy- <https://classroom.thenational.academy/units/healthy-eating-30d4>

Physical Development

Make some vegetable recipes with your child. They could help wash and prepare vegetables for a salad.

Explain that one way of making sure we are eating a healthy diet is to eat foods of different colours each day. Each colour of food can help our bodies in different ways. Discuss that these need to be natural colours (a pack of different coloured sweets wouldn't constitute a healthy diet!) What fruit and veg can you find around the house of different colours? Can you make a rainbow of foods?

Keep moving with BBC Super movers, Go noodle, and Cosmic yoga for kids as well as family exercise.



Communication, Language & Literacy

Listen to the story Oliver's Vegetables if you don't have a copy you can listen here on YouTube:

<https://www.youtube.com/watch?v=2yvllKqyVUc>

Provide a feely bag with lots of different fruits and vegetables inside it. Ask your child to put their hand in, choose one and then tell you what they can feel. Ask them to smell it and tell you the smell before finally looking at it and using their eyes to describe it. Introduce the vegetable names and new vocabulary too.

Talk about the different vegetables you eat at home. Encourage your child to share their favourite foods and why. Why is it important to eat lots of fruits and vegetables?

Discuss where you go to buy vegetables and talk about the different ways of getting/buying vegetables - whether it's from a supermarket, or grown in the garden.

Personal, Social & Emotional Development

Play an 'I went to the shop' game as a family. Each person says a vegetable they buy from the shops and the next person has to add another item to the list and say what the previous people bought too!