

## Healthy Me

### How Much Sugar? Game - Ages 7-8 - Piece 2



An energy drink



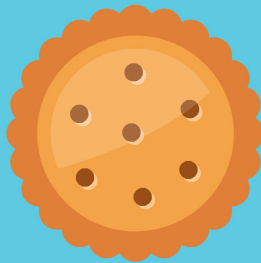
A chocolate bar



A blueberry muffin



A packet of sweets



A plain biscuit/cookie



A bowl of chocolate ice cream



A chocolate biscuit/cookie



A flavoured yoghurt



A bowl of chocolate ceareal



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### How Much Sugar? Game - Ages 7-8 - Piece 2

**35g of sugar**

**15g of sugar**

**30g of sugar**

**20g of sugar**

**8g of sugar**

**22g of sugar**

**14g of sugar**

**17g of sugar**

**11g of sugar**