

Parts of the Human Body

Friday 5th March

Parts of the Human Body

Humans come in lots of different sizes. But mostly we are made up of the same parts which do the same job.

We all have a **skeleton** which helps us stay standing up and helps us move around. The skeleton also helps protect important organs inside of us such as your heart and lungs. Your skull acts as a tough shell for your brain.

Keeping everything wrapped up is your **skin**.

We all mostly have the same kind of body parts in the same place.

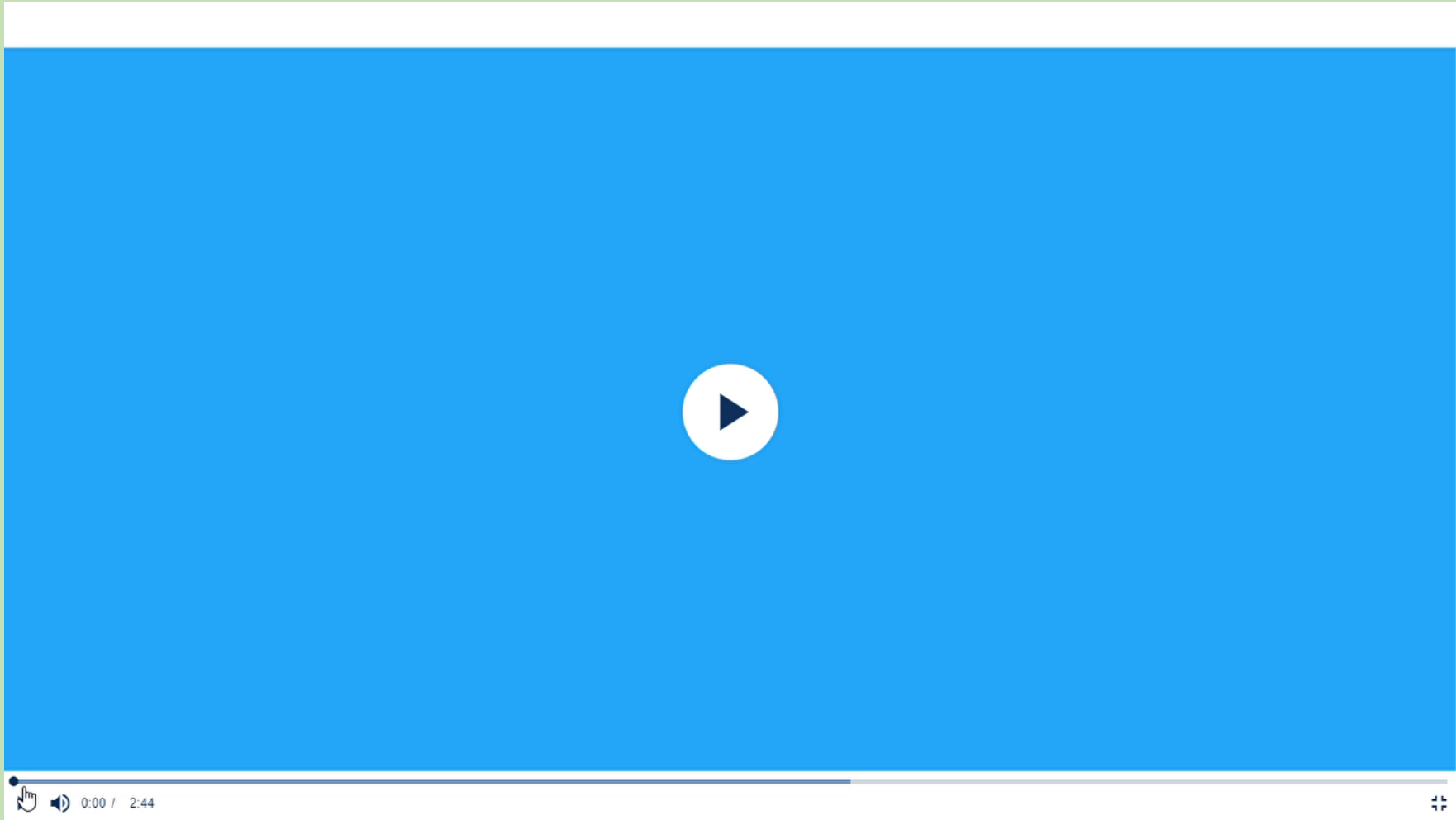
Lets find out more...



Parts of the body song

<https://www.youtube.com/watch?v=BwHMMZQGFM>

Introduction to parts of the body



Can you list some parts of the body?

mouth

eyes

shoulder

fingers

knee

toes

head

arm

leg

ears

nose

hands

elbow

foot

ankle

neck

Simon Says...



Play Simon says with your child, can they point to the correct part of the body?

Rules:

One player is Simon and the players follow Simons instructions. They players must obey all commands that begin with 'Simon Says'. E.g if Simon says "Simon says touch your ears" then all players must touch their ears.

However, if Simon says "touch your shoulders" without saying "Simon Says" the players must not follow this command. If they players do they are out until the next game.

Can you label parts of the body?

- You can label parts of the body by:
- Filling in the worksheet on the website
- Using post- it notes and sticking them on yourself in the correct place.
- You could draw around your body, then label the parts of the body.



My Body

Learning Objective: I can name the parts of my body.

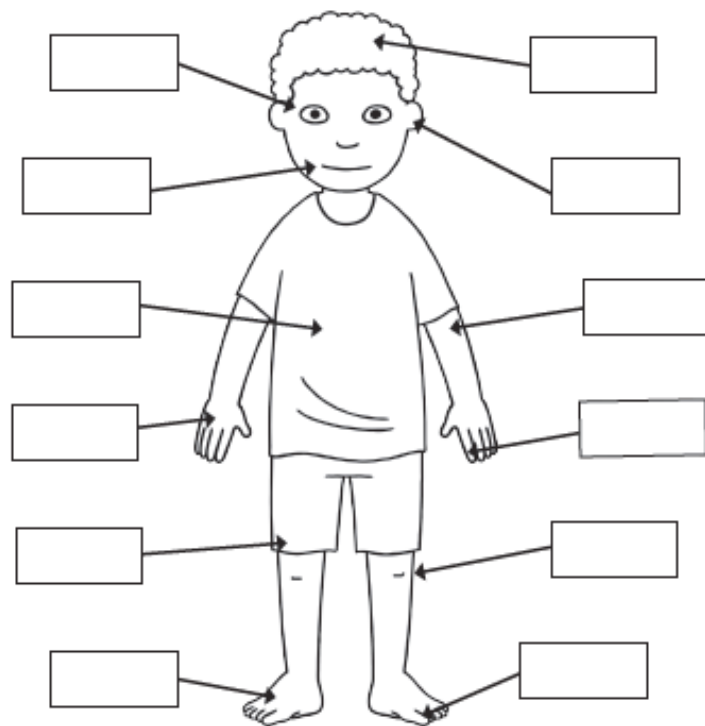
☐ Developing
☐ Consolidating
☐ Achieved

stomach leg head mouth arm knee
ear hand foot finger toe eye

My Body

Learning Objective: I can name the parts of my body.

- ☐ Developing
- ☐ Consolidating
- ☐ Achieved



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stomach	leg	head	mouth	arm	knee
ear	hand	foot	finger	toe	eye

My body word mat



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shoulder



ear



lips



skin



heart



freckles



nose



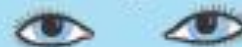
bones



lungs



eyes



hand



finger



toe



mouth



face



hips



tongue



hair



foot



back



legs



arm

